

## FLU VACCINE BENEFITS

# KNOW THE POSITIVE IMPACT OF FLU VACCINATION

**The flu vaccine is proven to be safe and effective.**



There is a  
**0% CHANCE OF GETTING THE FLU FROM THE VACCINE**

Flu vaccines are made with killed or weakened virus that cannot make you sick with the flu.



**FLU VACCINATION PREVENTS MILLIONS OF  
ILLNESSES AND FLU-RELATED DOCTOR'S VISITS**  
each year.

**The flu vaccine can help reduce the severity of the flu.**

**PEOPLE WHO ARE VACCINATED ARE LESS LIKELY TO  
BE HOSPITALIZED OR DIE FROM FLU.**

Even if you do get sick,  
**FLU VACCINATION REDUCES THE SEVERITY OF  
SYMPTOMS, HELPING YOU RECOVER FASTER.**  
If you have flu symptoms, get tested. Your provider  
may prescribe antivirals to treat the illness.



**PROTECT YOURSELF AND YOUR LOVED ONES  
BY GETTING AN ANNUAL FLU VACCINE**

To learn more, visit [www.familiesfightingflu.org](http://www.familiesfightingflu.org)

