

# Don't want the flu?

## Here's what you can do.



1

### Get a flu vaccine.

Everyone 6 months and older needs a flu vaccine every year. The flu is a serious disease that can kill, and you cannot get the flu from the flu vaccine.



2

### Take flu symptoms seriously and get tested.

If the test is positive, your provider may prescribe medicine that can lessen flu symptoms and decrease the spread of flu.



3

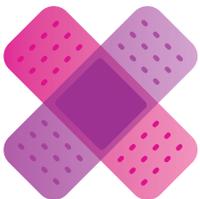
### Wash hands often.



4

### Stay home if you don't feel well

- except to go to the doctor or pharmacy.



5

### Make sure to stay up to date on ALL vaccines.

To learn more, visit [www.familiesfightingflu.org](http://www.familiesfightingflu.org).

